



KubeCon CloudNativeCon

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How we survived our first PCI/HIPPA compliant check with Kubernetes



Hi

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The Goal: Help others understand the change associated with adopting a Kubernetes workflow, and still abiding to regulations

Setting up some common language

Regulations: an authoritative rule dealing with details or procedure

Compliance: the act or process of complying to a desire, demand, proposal, or regimen or to coercion

Standard: something established by authority, custom, or general consent as a model or example

Classification: systematic arrangement in groups or categories according to established criteria

Which Regulations?

HIPPA PCI-DSS

*Or a regulation that deals with protecting data

I'm not a compliance expert



PCI-DSS 12 Requirements

Build and Maintain a Secure Network

- 1. Install and maintain a firewall configuration to protect cardholder data
- 2. Do not use vendor-supplied defaults for system passwords and other security parameters

Protect Cardholder Data

- 3. Protect stored cardholder data
 - 4. Encrypt transmission of cardholder data across open, public networks

Maintain a Vulnerability Management Program

- 5. Use and regularly update anti-virus software or programs
 - 6. Develop and maintain secure systems and applications

Implement Strong Access Control Measures

- 7. Restrict access to cardholder data by business need-to-know
- 8. Assign a unique ID to each person with computer access
 - 9. Restrict physical access to cardholder data

Regularly Monitor and Test Networks

- 10. Track and monitor all access to network resources and cardholder data
- 11. Regularly test security systems and processes

Maintain an Information Security Policy

12. Maintain a policy that addresses information security for employees and contractors



3. Protect stored cardholder data

5. Use and regularly update anti-virus software or programs

7. Restrict access to cardholder data by business need-to-know

8. Assign a unique ID to each person with computer access

10. Track and monitor all access to network resources and cardholder data

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Data Protection

Requirement 3: Protect stored cardholder data

Start with Classification!



Data Classification (RED)

Social Security Number

Passport Details

Credit Card Information

Drivers License Number

Personal Credit Data

Medical Records

Anything directly controlled or that can be used to individualize a person

Data Classification (YELLOW)

Birthday

Age

Part of an address

Gender association

Full (Legal) Name

Full Address

The city you were born in

Your favorite school teacher

Where you met your spouse

Your mother's maiden name

The make and model of your first car

Your favorite childhood friend's name

Anything that can be used to individualize a person given multiple data points

. . .

Data Classification (GREEN)

Unique ID

Encrypted Data

Binary information

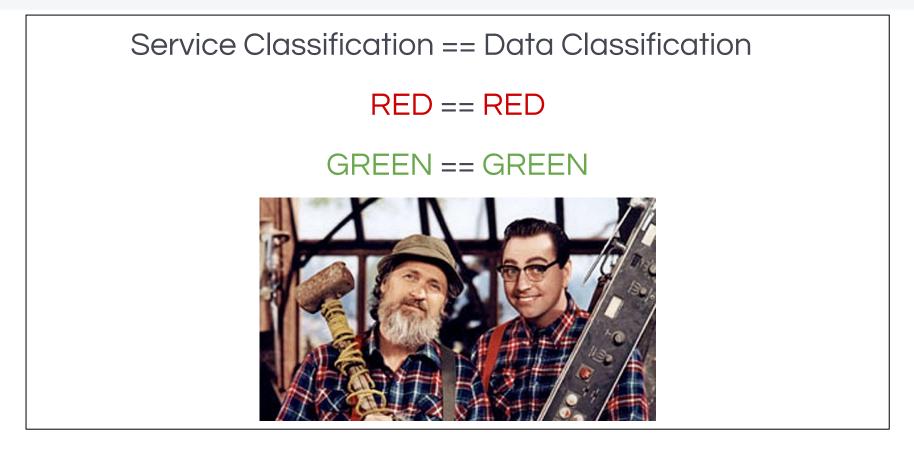
Email address

Username

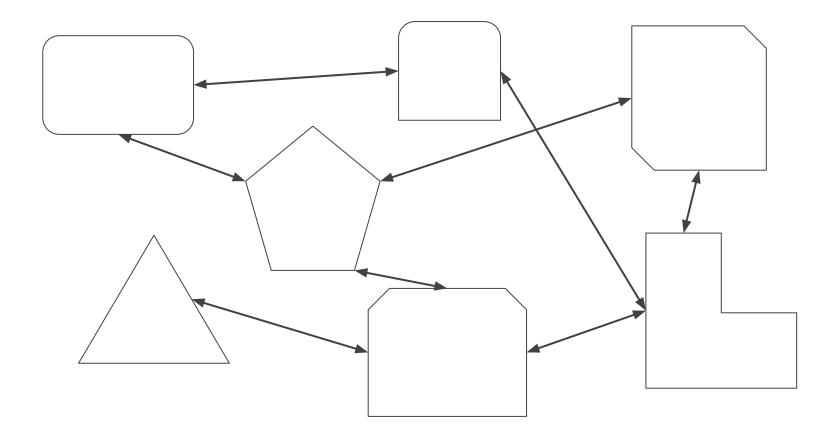
Site interactive data

Basically impossible to individualize a person, or not regulated (public) data

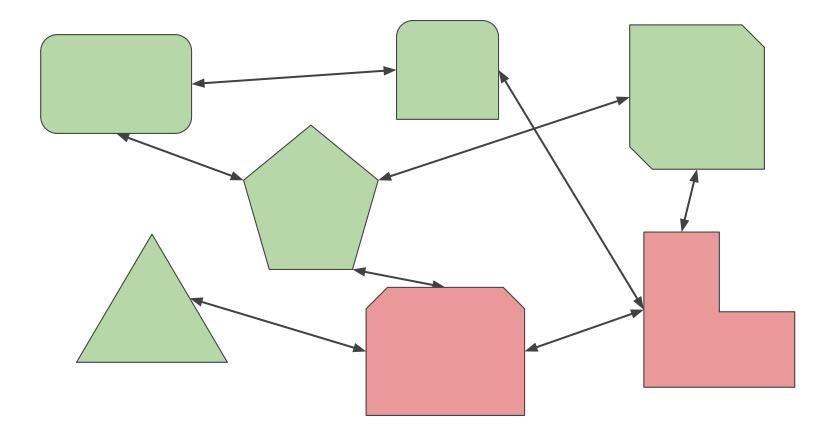
Service Classification follows Data



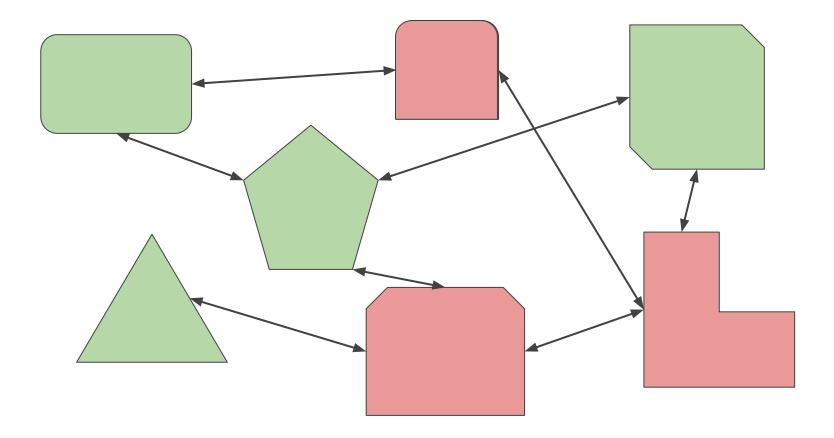
Least Common Denominator



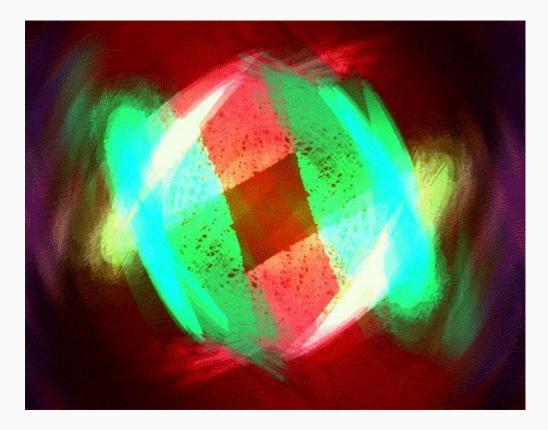
Least Common Denominator



Least Common Denominator



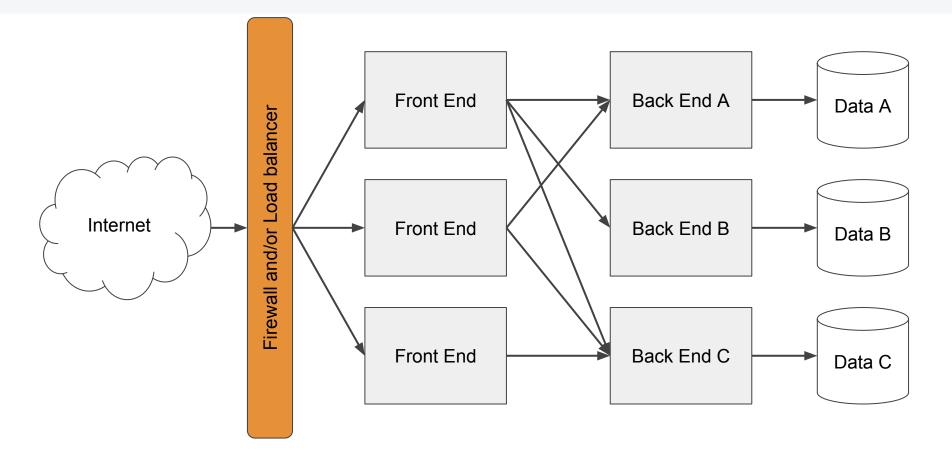
Mixing Green and Red Data



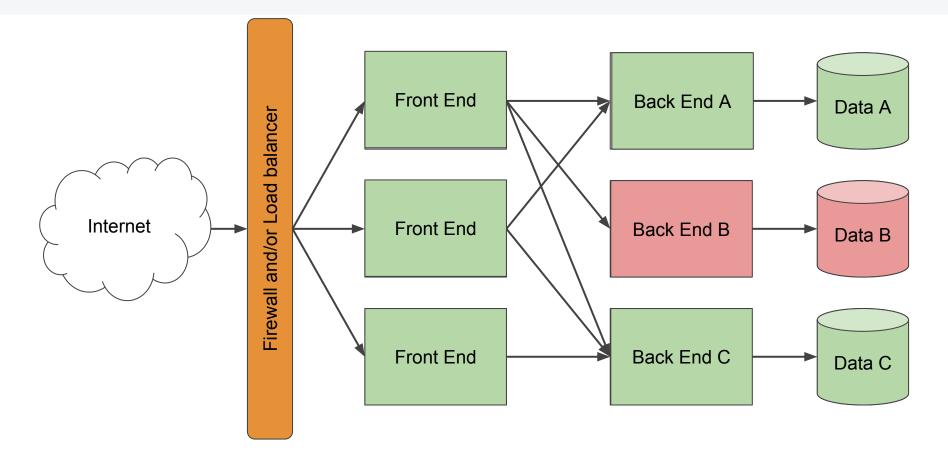
Environment Comparison

Traditional vs Distributed

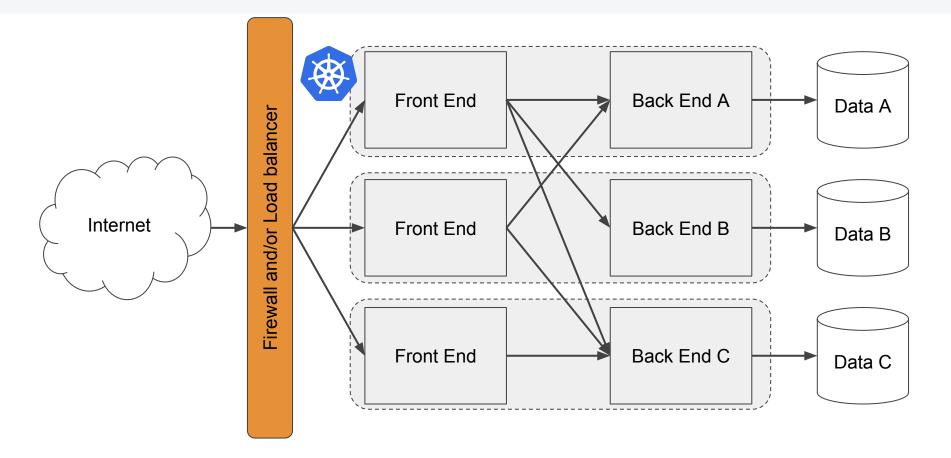
"Traditional" 1:1 - service per machine (vm)



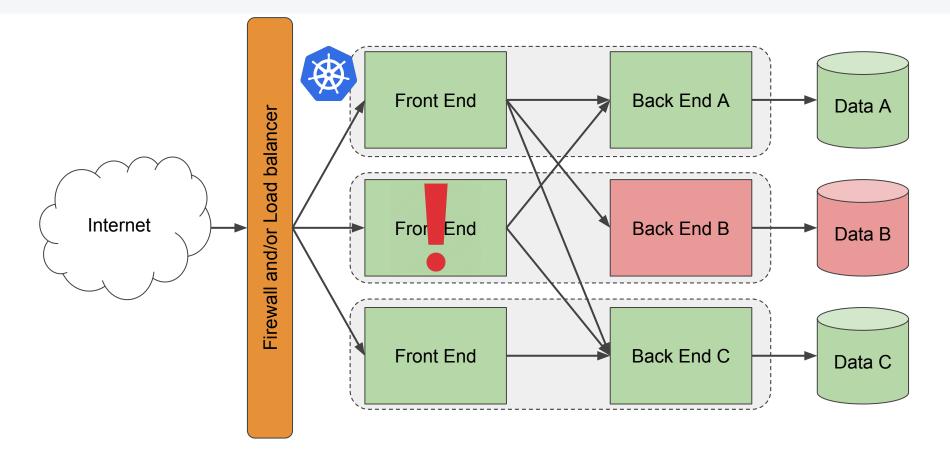
"Traditional" 1:1 - Data Classification



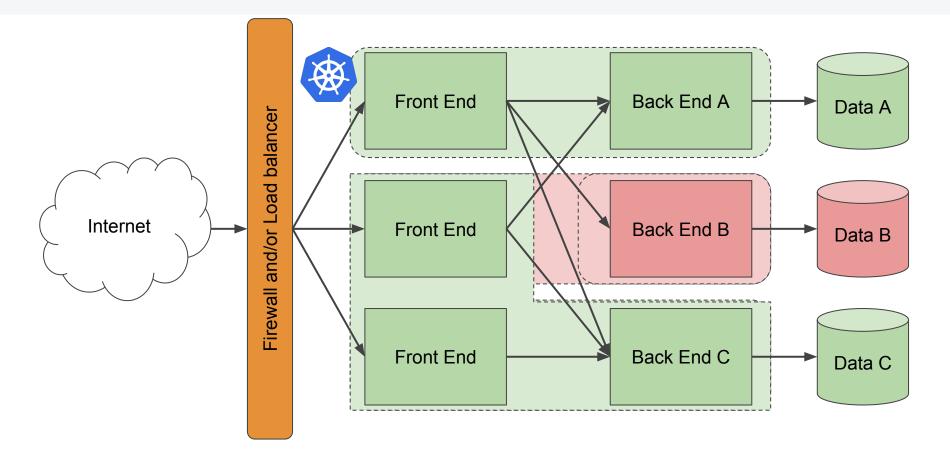
"Distributed" - multiple services per machine



"Distributed" - multiple services per machine



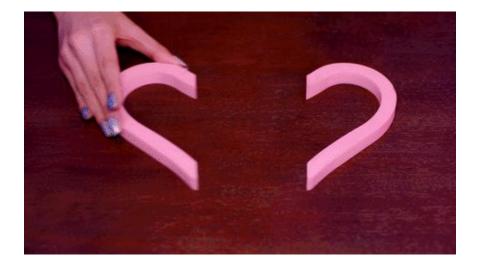
"Classified Distributed" - multiple services per machine



Logical Separations

Taints and Tolerances

https://kubernetes.io/docs/concepts/configurati on/taint-and-toleration/



Taints

Applies to a whole node.

kubectl taint nodes node1 key=value:NoSchedule

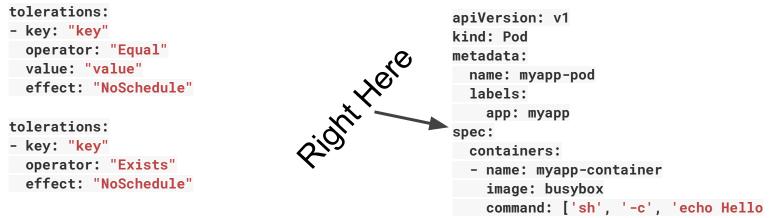
places a taint on node **node1**. The taint has key **key**, value **value**, and taint effect **NoSchedule**. This means that no pod will be able to schedule onto **node1** unless it has a matching toleration.



Tolerance

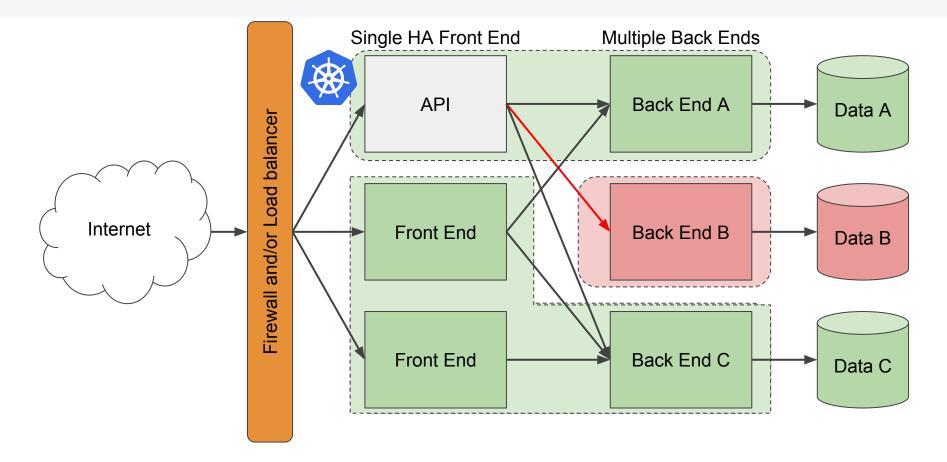
You specify a toleration for a pod in the PodSpec. Both of the following tolerations "match" the taint created

by the *kubectl taint*, and thus a pod with either toleration would be able to schedule onto *node1*:



```
Kubernetes! && sleep 3600']
```

Pod-Pod Network Communication



Pod-Pod Network Restrictions

There are multiple ways to handle this, but none of which are natively built into Kubernetes.

NetworkPolicy: with a supporting CNI layer



Cilium - https://cilium.io/ (also includes layer 7 security controls)



Calico - <u>https://www.projectcalico.org/</u>

CNI Networking layers are difficult to replace, you will probably want to work with the vendor to make sure you don't run into any issues



Weave.net - https://www.weave.works/oss/net/

Pod-Pod Network Restrictions

Service Mesh:



Linkerd - https://linkerd.io/



Istio - https://istio.io/



Aspen Mesh - https://aspenmesh.io/

Envoy - <u>https://www.envoyproxy.io/</u>

Service Meshes aren't always a "drop in" solution

They do come with more than just network regulations:

- TLS everywhere
- Pod failover
- Lots of metrics
- etc ..

Pod-Pod Network Restrictions

Cloud Native Firewall:



Deployable with containers and DaemonSets

Virus Protection

Requirement 5: Use and regularly update anti-virus software or programs

Traditional virus protection with Cloud Native

Antivii Additional su

From the Docker web sit

When antivirus software

One way to reduce these to the antivirus's exclusion ers, or volumes are not of schedule a recurring task

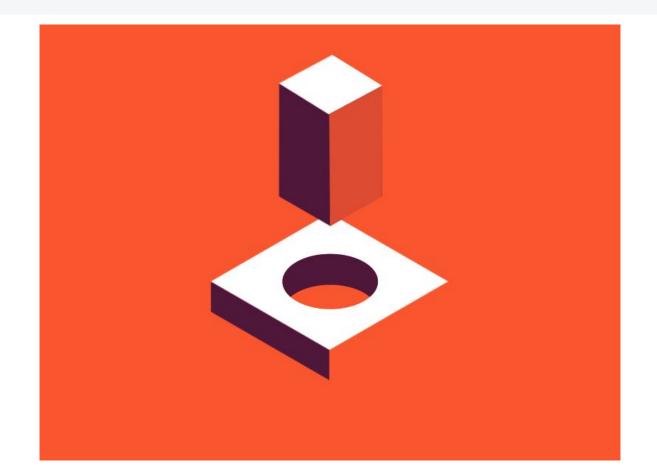
Nantivirus, se



inds to hang.

ata on Windows Server) itable layers of containing, you may want to

Traditional virus protection with Cloud Native



Cloud Native Virus Protection



Virus Protection in Containers

- (1) static (during build)
- (2) dynamic (during runtime) scanning are a must!!!!

There are a lot of options here: <u>http://lmgtfy.com/?q=container+scanning</u>

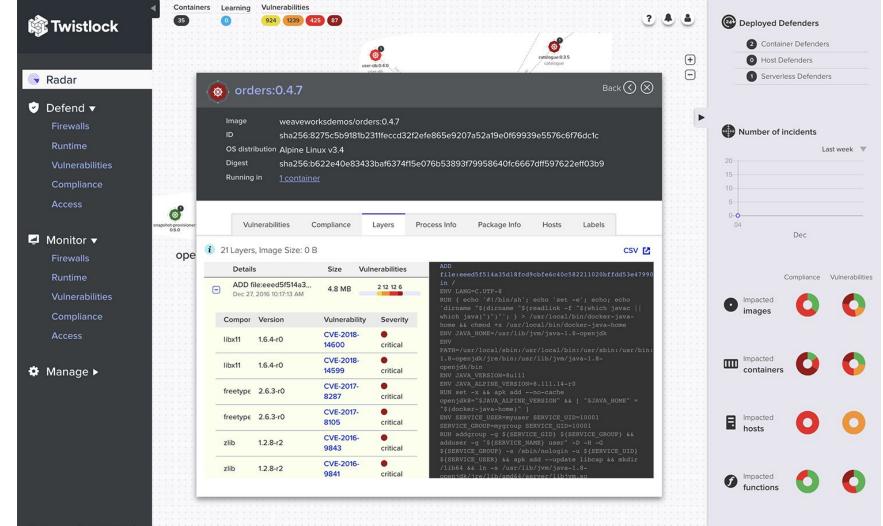
- CoreOS Claire: <u>https://github.com/coreos/clair</u>
- Docker Bench Security: https://github.com/docker/docker-bench-security
- Qualys: https://www.qualys.com/solutions/devsecops/
- Anchore: https://anchore.com/
- Twistlock: https://twistlock.com/
- Sysdig: <u>https://sysdig.com/products/secure/</u>

Most of these are platforms help protect both areas

Virus Protection on Node

This was pretty easy to achieve with Container Linux + container security platform (from previous slide), for us it was Twistlock





Twistlock	Monitor / Run				? 🌢					
	Incident Explorer	Container Models	Container Audits	Host Models	Host Audits Se	erverless Audits	Fargate	Audits		
Radar										
	Active	Archived								
Defend 🔻				Sea	rch incidents		Q	Collections		
Firewalls					er meldents					
Runtime	Category T	Туре 👅	Host 💠 🝸		Impacted		Date 🌲		Actions	Collections
Vulnerabilities	Hijacked process	IIII Container	demo-neil-lab-twistlo		neilcar/struts2_d			18 9:12:56 AM		-
Compliance	Data exfiltration	Container	demo-neil-lab-twistlo		neilcar/struts2_d	Ad 2000/00/000/000	CONSCIENCE SERVICE	18 9:12:56 AM		
Access	Port scanning	Container	demo-neil-lab-twistlo		neilcar/struts2_d	emo:latest	Dec 6, 20	18 9:12:51 AM	0	-
	Lateral movement	Container	demo-neil-lab-twistlo	ck-com	morello/httpd:late	est	Dec 6, 20	18 9:11:34 AM	P	1
			egory indicates that an a					<u>lemo-neil-lab-</u>	č	
Vulnerabilities Compliance Access	Incident Hijacked process	with its expected	used in ways that are in behavior. This type of in rocess has been used to	ncident could o compromise	forensic data	 Host nam Container Image nat 	e <u>t</u> name <u>/</u> me Ľ	wistlock-com strutsserver eilcar/struts2_de elatest	0 201	e ? 8-12-06 12:56
Compliance	Hijacked	with its expected be a sign that a p a container <u>Learn more</u>	n used in ways that are in behavior. This type of in	ncident could o compromise		Container	e <u>t</u> name <u>/</u> me Ľ	<u>wistlock-com</u> <u>strutsserver</u> neilcar/struts2_de	0 201	8-12-06 12:56

Authorization & Authentication

Requirement 7: Restrict access to cardholder data by business need-to-know

Requirement 8: Assign a unique ID to each person with computer access

Kubernetes RBAC FTW!

https://kubernetes.io/docs/reference/access-authn-authz/rbac/

```
kind: Role
apiVersion: rbac.authorization.k8s.io/v1
metadata:
    namespace: default
    name: pod-reader
rules:
- apiGroups: [""] # "" indicates the core API group
    resources: ["pods"]
    verbs: ["get", "watch", "list"]
```

Google Authentication + Kubernetes Open ID = https://github.com/micahhausler/k8s -oidc-helper

This role binding allows "jane" to read pods in the "default" namespace. kind: RoleBinding apiVersion: rbac.authorization.k8s.io/v1 metadata: name: read-pods namespace: default subjects: kind: User name: jane # Name is case sensitive apiGroup: rbac.authorization.k8s.io roleRef: kind: Role #this must be Role or ClusterRole name: pod-reader # this must match the name of the Role or ClusterRole you wish to bind to apiGroup: rbac.authorization.k8s.io

Track and Monitor

Requirement 10: Track and monitor all access to network resources and cardholder data

3 Core areas to address

Auditing Logging

Monitoring

Auditing - Know when changes happen

Kubernetes Audit:

https://kubernetes.io/docs/tasks/debug-application-cluster/audit/

- Fine grain control over what gets logged
- Multiple backend storage locations

Logging & Monitoring

Things to consider:

- Easy for developers (they despise things that don't relate to BBQ'ing or the latest topic of functional vs OO programming)
 - × Additional Code dependencies
 - Something they are already familiar with ... their code

- Easy for operations (they despise things that don't relate to Star Wars or how to eject their phone out a window at 3AM when they get paged)
 - × Adding additional process to workflow
 - Cloud Native DaemonSets, CRDs, etc ...

Vulnerabilities

Requirement 11. Regularly test security systems and processes

Pipeline Practices

Things that have helped us stay secure



Static Container Image Scanning

No CA c Vulnera	biliti	es	fied, using	insecure c	onnection			
Image	ID	CVE	Package	Version	Severity	Status		
Vulnera	 bility	thresh	old check r	esults: PAS	s			
Complia								
Image						ID	Severity	Description
registry.nav.engineering/goldmaster/alpine:latest				:latest	921e67f2a023fca3	high	Image should be created with a user	

Set a threshold on the vulnerability/compliance scanning to fail builds if surpassed.

Scan anything that builds and pushes into your container registry.

"Gold master" Base Image

```
FROM alpine:3.8
RUN apk --- no-cache upgrade
RUN apk --- no-- cache add \
      curl N
      ca-certificates 🔧
      bash \
      shadow \
      jq
COPY *.crt /usr/local/share/ca-certificates/
RUN update-ca-certificates
COPY entrypoint.sh /entrypoint.sh
COPY alpine.gitlog /alpine.gitlog
ENTRYPOINT ["/entrypoint.sh"]
```

Base all other projects off of this image (as much as possible anyway).

This helps immensely when trying to push updates and vulnerability fixes out.

SAST - Static Application Security Testing

Request to merge awesome-feature 🗈 into master	Check out branch 🗘 🗸
Pipeline #18777035 passed for 8805f6cd.	
() SAST improved on 1 security vulnerability and degraded on 4 security v	Collapse
 Medium: Cipher with no integrity in src/main/java/com/gitlab/security_press Medium: ECB mode is insecure in src/main/java/com/gitlab/security_press Medium: Predictable pseudorandom number generator in src/main/java Medium: Predictable pseudorandom number generator in src/main/java Medium: Predictable pseudorandom number generator in src/main/java Show complete code vulnerabilities report 	oducts/tests/App.java:29 a/com/gitlab/security_products/tests/App.java:41
Merge Remove source branch Squash commits Modify	commit message

DAST - Dynamic Application Security Testing

Request to merge add-dast 🗈 into master	Check out branch	* •
Pipeline #58 passed for 7a941f11.		
7 DAST alerts detected by analyzing the review app Collapse		
Low (Medium): Absence of Anti-CSRF Tokens		
 Low (Medium): X-Content-Type-Options Header Missing 		
 Low (Medium): Password Autocomplete in Browser 		
Low (Medium): Private IP Disclosure		
 Informational (Medium): Information Disclosure - Suspicious Comments 		
 Medium (Medium): Application Error Disclosure 		
 Medium (Low): HTTP Parameter Override 		
Merge Remove source branch Squash commits ? Modify commit message		
You can merge this merge request manually using the command line		



Questions?