

Bantu-speaking populations

Zimbabwe_Remba	0.005	0.006	0.006	0.006	0.006	0.006	0.004	0.003	0.005	0.003	0.004	0.004	
Zanzibar_Swahili	0.006	0.005	0.005	0.006	0.005	0.005	0.004	0.002	0.006	0.004	0.005	0.004	
Zambia_TongaZam	0.005	0.004	0.004	0.003	0.005	0.005	0.004	0.009	0.005	0.004	0.006	0.003	
Zambia_Nyengo	0.004	0.005	0.006	0.003	0.005	0.004	0.005	0.005	0.001	0.005	0.006	0.008	
Zambia_Nkoya	0.004	0.004	0.003	0.004	0.003	0.004	0.005	0.006	0.005	0.003	0.003	0.005	
Zambia_Mbunda	0.004	0.004	0.003	0.004	0.004	0.003	0.003	0.001	0.004	0.003	0.004	0.005	
Zambia_Lozi	0.005	0.004	0.004	0.005	0.005	0.005	0.003	0.004	0.005	0.004	0.004	0.004	
Zambia_Kwangwa	0.004	0.005	0.005	0.004	0.005	0.004	0.004	0.001	0.005	0.005	0.005	0.003	
Zambia_Kwamashi	0.004	0.004	0.004	0.004	0.004	0.004	0.004	0.004	0.002	0.004	0.004	0.003	
Zambia_Fwe	0.005	0.005	0.005	0.004	0.005	0.005	0.004	0.003	0.004	0.003	0.004	0.007	
Zambia_Chewa	0.005	0.005	0.005	0.005	0.004	0.004	0.004	0.004	0.006	0.004	0.004	0.003	
Zambia_Bemba	0.004	0.004	0.005	0.003	0.006	0.004	0.004	0.005	0.003	0.004	0.005	0.006	
Uganda_Nkore	0.005	0.005	0.004	0.005	0.003	0.004	0.004	0.006	0.007	0.004	0.004	0.004	
Uganda_Kiga	0.005	0.004	0.004	0.004	0.003	0.004	0.003	0.005	0.005	0.003	0.004	0.004	
Uganda_Fumbira	0.005	0.005	0.004	0.004	0.004	0.004	0.004	0.006	0.005	0.004	0.004	0.003	
Uganda_Barundi	0.004	0.004	0.004	0.004	0.004	0.004	0.004	0.005	0.006	0.004	0.004	0.004	
Uganda_Banyarwanda	0.005	0.004	0.004	0.004	0.004	0.005	0.004	0.005	0.005	0.004	0.004	0.005	
Uganda_Baganda	0.004	0.004	0.004	0.005	0.004	0.004	0.004	0.003	0.005	0.004	0.004	0.004	
Tanzania_TanzaniaMixed	0.005	0.005	0.005	0.006	0.005	0.005	0.004	0.005	0.006	0.004	0.006	0.005	
Swaziland_Swazi	0.008	0.009	0.008	0.009	0.01	0.009	0.004	0.006	0.005	0.005	0.006	0.003	
SouthAfrica_ZuluAGDP	0.009	0.009	0.008	0.009	0.009	0.01	0.005	0.004	0.005	0.005	0.005	0.005	
SouthAfrica_Zulu	0.008	0.009	0.008	0.009	0.009	0.01	0.005	0.004	0.005	0.005	0.005	0.005	
SouthAfrica_Xhosa	0.008	0.009	0.008	0.01	0.009	0.011	0.005	0.004	0.005	0.006	0.005	0.005	
SouthAfrica_Venda	0.006	0.007	0.007	0.007	0.006	0.006	0.005	0.004	0.004	0.004	0.004	0.004	
SouthAfrica_Tswana	0.01	0.009	0.008	0.009	0.01	0.01	0.005	0.005	0.007	0.005	0.006	0.005	
SouthAfrica_Tsonga	0.006	0.007	0.007	0.007	0.007	0.007	0.004	0.005	0.007	0.005	0.005	0.004	
SouthAfrica_SothoAGDP	0.009	0.009	0.008	0.009	0.008	0.01	0.005	0.006	0.005	0.005	0.005	0.005	
SouthAfrica_Sotho	0.01	0.011	0.009	0.011	0.011	0.01	0.005	0.005	0.006	0.005	0.006	0.004	
SouthAfrica_SEBantu	0.009	0.01	0.008	0.009	0.01	0.011	0.005	0.004	0.006	0.006	0.006	0.005	
SouthAfrica_Pedi	0.008	0.009	0.008	0.009	0.008	0.009	0.005	0.004	0.005	0.005	0.005	0.005	
SouthAfrica_Bhaca	0.008	0.009	0.008	0.01	0.009	0.011	0.005	0.004	0.007	0.005	0.005	0.006	
Rwanda_Nkore	0.005	0.004	0.004	0.004	0.004	0.004	0.003	0.003	0.006	0.004	0.003	0.004	
Namibia_Wambo	0.004	0.004	0.004	0.004	0.004	0.005	0.003	0.006	0.003	0.004	0.004	0.003	
Namibia_Himba	0.005	0.005	0.005	0.004	0.005	0.004	0.004	0.006	0.006	0.004	0.004	0.005	
Namibia_Herero	0.005	0.004	0.004	0.005	0.005	0.005	0.004	0.009	0.006	0.005	0.003	0.004	
Mozambique_Yao	0.007	0.007	0.007	0.008	0.008	0.006	0.005	0.006	0.005	0.005	0.005	0.003	
Mozambique_Tswa	0.007	0.008	0.007	0.007	0.009	0.006	0.005	0.004	0.004	0.005	0.005	0.006	
Mozambique_Tewe	0.006	0.006	0.006	0.007	0.007	0.007	0.004	0.005	0.005	0.006	0.005	0.005	
Mozambique_Sena	0.006	0.007	0.007	0.006	0.006	0.006	0.005	0.004	0.007	0.005	0.006	0.005	
Mozambique_Nyanja	0.005	0.006	0.005	0.005	0.005	0.006	0.004	0.002	0.003	0.004	0.005	0.005	
Mozambique_Ndau	0.006	0.007	0.007	0.006	0.006	0.006	0.005	0.006	0.006	0.006	0.004	0.004	
Mozambique_Makhuwa	0.006	0.007	0.006	0.007	0.005	0.007	0.005	0.005	0.007	0.005	0.006	0.004	
Mozambique_Chopi	0.008	0.009	0.008	0.009	0.009	0.009	0.006	0.007	0.006	0.006	0.006	0.005	
Mozambique_Bitonga	0.007	0.008	0.007	0.007	0.007	0.007	0.005	0.006	0.005	0.006	0.004	0.004	
Kenya_Swahili-Mombasa	0.007	0.007	0.006	0.006	0.006	0.007	0.006	0.006	0.008	0.006	0.007	0.005	
Kenya_Swahili-Lamu	0.005	0.005	0.005	0.006	0.005	0.005	0.004	0.004	0.006	0.004	0.006	0.005	
Kenya_Swahili-Kilifi	0.005	0.006	0.005	0.006	0.005	0.005	0.004	0.005	0.006	0.004	0.004	0.005	
Kenya_Luhya-LWK	0.005	0.005	0.004	0.004	0.004	0.004	0.004	0.004	0.006	0.003	0.004	0.004	
Kenya_Kikuyu	0.005	0.005	0.005	0.005	0.006	0.005	0.004	0.006	0.006	0.004	0.005	0.005	
Kenya_Kalenjin	0.005	0.004	0.004	0.004	0.004	0.005	0.004	0.005	0.005	0.003	0.004	0.004	
Gabon_Nzebi	0.004	0.004	0.003	0.003	0.005	0.003	0.004	0.003	0.004	0.003	0.003	0.004	
DRC_Yans	0.003	0.003	0.003	0.003	0.002	0.003	0.003	0.005	0.005	0.003	0.002	0.002	
DRC_Shi	0.004	0.004	0.004	0.004	0.004	0.003	0.003	0.003	0.005	0.003	0.003	0.004	
DRC_Rega	0.004	0.004	0.003	0.004	0.003	0.004	0.004	0.004	-0.001	0.006	0.003	0.004	0.003
DRC_Pende	0.004	0.003	0.003	0.004	0.002	0.004	0.003	0.002	0.004	0.003	0.004	0.002	
DRC_Ngwi	0.003	0.003	0.003	0.003	0.003	0.003	0.003	0.004	0.005	0.003	0.004	0.003	
DRC_Mbuun	0.003	0.002	0.003	0.003	0.003	0.003	0.003	0.002	0.004	0.003	0.003	0.003	
DRC_Mbala	0.003	0.003	0.003	0.003	0.003	0.003	0.003	0.003	0.005	0.003	0.003	0.004	
DRC_Manyanga	0.004	0.004	0.004	0.004	0.004	0.003	0.003	0.003	0.003	0.003	0.004	0.003	
DRC_Lwer	0.003	0.003	0.003	0.004	0.003	0.002	0.003	0.003	0.005	0.004	0.002	0.003	0.004
DRC_LubaLulua	0.003	0.003	0.003	0.004	0.004	0.004	0.003	0.003	0.003	0.005	0.003	0.003	0.005
DRC_Ding	0.003	0.003	0.004	0.003	0.002	0.003	0.003	0.003	0.003	0.005	0.003	0.003	0.003
CAR_Mpiero	0.003	0.003	0.003	0.004	0.001	0.003	0.003	0.004	0.004	0.003	0.003	0.006	
CAR_Gbaya	0.002	0.002	0.002	0.002	0.003	0.001	0.002	0	0.002	0.001	0.002	0.002	
CAR_DzangaShangaPeople	0.003	0.003	0.003	0.003	0.003	0.003	0.003	0.001	0.002	0.003	0.004	0.004	
CAR_Banda	0.002	0.002	0.002	0.003	0.002	0.003	0.002	0.001	0.006	0.003	0.004	0.002	
Cameroon_Nzime	0.003	0.003	0.003	0.004	0.003	0.004	0.003	0.003	0.003	0.004	0.004	0.003	0.003
Botswana_Ghanzi	0.011	0.01	0.009	0.01	0.011	0.01	0.006	0.006	0.006	0.006	0.006	0.004	
Angola_Umbundu	0.005	0.005	0.005	0.005	0.005	0.005	0.004	0.005	0.004	0.006	0.006	0.006	
Angola_Nyaneka	0.004	0.004	0.005	0.004	0.003	0.003	0.004	0.003	0.003	0.003	0.003	0.003	

f3

0.009

0.006

0.003

0.000

South African individuals

Zambian individuals