

Table 1.

Variable	Wave 1 <i>n</i> = 1132 <i>M</i> (<i>SD</i>)	Wave 2 <i>n</i> = 826 <i>M</i> (<i>SD</i>)	Wave 3 <i>n</i> = 592 <i>M</i> (<i>SD</i>)	Wave 4 <i>n</i> = 402 <i>M</i> (<i>SD</i>)	Wave 5 <i>n</i> = 223 <i>M</i> (<i>SD</i>)	Wave 6 <i>n</i> = 75 <i>M</i> (<i>SD</i>)
Demographic						
Age	68.30 (7.39)	71.04 (6.85)	73.71 (6.70)	76.02 (6.43)	77.81 (6.00)	78.43 (5.14)
Education (years)	14.26 (2.68)	--	--	--	--	--
Height (cm)	173.81 (6.62)	173.80 (6.82)	173.67 (7.04)	173.45 (7.14)	173.78 (6.71)	174.88 (5.67)
Smoking: current ^a	12.1%	8.3%	7.8%	7.0%	7.2%	1.3%
Smoking: former ^a	64.5%	66.8%	67.0%	65.8%	65.3%	70.7%
Smoking: never ^a	23.3%	24.9%	25.2%	27.1%	27.5%	28.0%
Cardiovascular disease ^{a,b}	73.7%	--	--	--	--	--
Diabetes ^{a,b}	9.10%	--	--	--	--	--
Physical						
FEV1 (dL; height-adjusted)	8.56 (1.82)	8.45 (1.76)	8.43 (1.78)	8.43 (1.80)	8.25 (1.85)	8.55 (1.57)
FVC (dL; height-adjusted)	11.52 (1.98)	11.28 (19.0)	11.26 (1.89)	11.34 (2.13)	11.33 (2.04)	11.49 (1.73)
Cognitive						
Global: MMSE	27.64 (1.91)	27.94 (1.78)	27.63 (1.83)	27.49 (2.02)	27.51 (2.04)	27.35 (1.82)
Memory:						
Word list immediate recall	18.80 (3.86)	18.73 (4.01)	18.66 (4.13)	18.36 (4.31)	18.08 (4.22)	17.41 (4.93)
Word list delayed recall	6.30 (1.93)	6.04 (2.11)	6.07 (2.07)	5.84 (2.14)	5.77 (2.22)	6.13 (2.35)
Digit span backward	4.98 (2.31)	4.87 (2.32)	4.59 (2.12)	4.77 (2.07)	4.56 (2.06)	4.75 (1.97)
Verbal fluency: Animals	18.67 (5.01)	18.39 (4.98)	18.29 (5.21)	18.45 (5.23)	17.95 (4.72)	20.90 (6.23)
Fluid Reasoning:						
Pattern comparison	5.71 (1.62)	5.93 (1.67)	5.71 (1.71)	5.87 (1.56)	--	--
Figure copy	14.86 (5.67)	15.24 (6.01)	14.79 (5.97)	13.92 (5.96)	13.11 (5.37)	13.20 (6.29)
Study Characteristics						
Retention from previous wave (%)	--	73.0%	71.7%	67.9%	55.5%	33.6%
Representative sample	Yes*					
Oldest Birth Cohort (year)	1899					

Notes:

^a Dichotomous variable (0=no; 1=yes).^b Denotes prevalent disease, i.e., onset prior to cognitive assessment.

*At study entry in 1961-70, the NAS sample was selected for good health (i.e., absence of chronic or major physical and mental illnesses) and geographic stability (i.e., kinship ties in the Boston area). Their socioeconomic status was generally representative of the Boston metro area in the 1960s.