

Table 1.

Variable	Year of Assessment		
	Baseline (n=500) M (SD)	Year 3.94 (n=449) M (SD)	Year 11.46 (n=313) M (SD)
Demographic			
Age	62.96 (.92)	66.90 (.92)	74.36 (.88)
Height (in cm)	168.36 (8.87)	166.87 (9.33)	166.90 (9.45)
Smoking history ^a	.77 (.78)	-	-
Number of cardiac infarctions	.06 (.23)	-	-
Angina Pectoris ^b	.28 (.45)	-	-
Education			
No secondary ^b	.07 (.26)	-	-
Secondary school ^b	.71 (.45)	-	-
Grammar school ^b	.02 (.15)	-	-
Others ^b	.19 (.39)	-	-
Physical			
Handgrip	77.76 (27.84)	70.04 (19.97)	52.91 (16.91)
Timed up and go	5.80 (1.28)	6.19 (3.14)	8.14 (2.15)
Cognitive			
Spatial Ability	21.40 (6.56)	20.48 (6.73)	19.84 (6.86)
Verbal Fluency	29.13 (8.77)	30.05 (9.43)	28.80 (9.26)
Picture Completion	11.73 (3.86)	12.00 (3.67)	11.79 (4.08)
Block Design	26.90 (8.17)	24.29 (8.57)	24.13 (8.11)
Digit Symbol Substitution	43.05 (11.19)	42.77 (11.20)	39.97 (10.90)
WAIS Knowledge	15.61 (4.81)	16.00 (4.59)	16.27 (4.5)
Study Characteristics			
Retention from previous wave (%)		89.80	69.71
Representative sample	Yes (largely)		
Oldest Birth Cohort (year)	1930		

a. Categorical variable (0 = no; 1 = formerly; 2 = yes)

b. Dichotomous variable (0=no; 1=yes).

Additional note: In the table below I added columns for the specific number of participants (n) in the different occasions, because the “n” varies a bit for the different tests and occasions.

Table 1.

Variable	Year of Assessment			N Baseline	N 2. Occasion	N 3. Occasion
	Baseline (n=500)	Year 3.94 (n=449)	Year 11.46 (n=313)			
	M (SD)	M (SD)	M (SD)			
Demographic						
Age	62.96 (.92)	66.90 (.92)	74.36 (.88)	481	437	306
Height (in cm)	168.36 (8.87)	166.87 (9.33)	166.90 (9.45)	498	446	248
Smoking history ^a	.77 (.78)	-	-	498		
Number of cardiac infarctions	.06 (.23)	-	-	500		
Angina Pectoris ^b	.28 (.45)	-	-	500		
Education						
No secondary ^b	.07 (.26)	-	-	500		
Secondary school ^b	.71 (.45)	-	-	500		
Grammar school ^b	.02 (.15)	-	-	500		
Others ^b	.19 (.39)	-	-	500		
Physical						
Handgrip	77.76 (27.84)	70.04 (19.97)	52.91 (16.91)	485	441	155
Timed up and go	5.80 (1.28)	6.19 (3.14)	8.14 (2.15)	243	441	223
Cognitive						
Spatial Ability	21.40 (6.56)	20.48 (6.73)	19.84 (6.86)	499	448	309
Verbal Fluency	29.13 (8.77)	30.05 (9.43)	28.80 (9.26)	499	446	312
Picture Completion	11.73 (3.86)	12.00 (3.67)	11.79 (4.08)	499	446	311
Block Design	26.90 (8.17)	24.29 (8.57)	24.13 (8.11)	499	448	312
Digit Symbol Substitution	43.05 (11.19)	42.77 (11.20)	39.97 (10.90)	499	448	310
WAIS Knowledge	15.61 (4.81)	16.00 (4.59)	16.27 (4.5)	500	448	313
Study Characteristics						
Retention from previous wave (%)		89.80	69.71			
Representative sample	Yes (largely)					
Oldest Birth Cohort (year)	1930					

a. Categorical variable (0 = no; 1 = formerly; 2 = yes)

b. Dichotomous variable (0=no; 1=yes).